

2026 MOKNZ  
South Island  
Kata  
&  
Match Fights

**INFORMATION**

**Date & Venue**

Saturday 7<sup>th</sup> March 2026 at Milton Coronation Hall,  
93 Union Street.

**Doors open to the public**

9:30am

**Start Times:**

Introductions: 10am

**Kata:** 10:15am

**Kumite:** after kata has finished and small interval

**Spectator Fee:**

Adults ( 16yrs & older) \$10

Junior ( 15yrs and under) \$5

Refreshments will be available to purchase

## **COMPETITOR INFORMATION**

### **Entry form & entry fees**

**Kumite \$20 / Kumite & Kata \$30 / Kata \$20, non refundable**

Download entry forms from MOKNZ website

Please complete the forms clearly and email to

[tokomairokyokushinkarate1@gmail.com](mailto:tokomairokyokushinkarate1@gmail.com)

Payment of entry fees, direct transfer to

**westpac tokomairokyokushinkarate 0317360509517000**

### **KATA**

Competitors will select a kata to perform from the age & grade level on the entry form. Divisions are in elimination tournament format. Kata will be performed individually.

### **KUMITE**

**Fights will be judge on the 10 point must system**

Fighters will be matched evenly according to weight, height, age.

Junior Division 1 (7yrs-10yrs)

Bouts are 3 x's 1 min

Junior Division 2 (11yrs- 14yrs)

Bouts are 3 xs 1 min

Colts (15yrs-17yrs)

Bouts are 3 x's 90 sec

Seniors (18yrs and older)

Bouts are 3 x's 2mins

## **Weigh In & Registration**

All competitors are to be at the Milton coronation hall ( 92 Union street Milton) for weigh in and tournament brief at 9am.

## **PROTECTIVE GEAR**

### **COMPULSORY GEAR FOR COMPETITORS.**

#### **Juniors (7-10yrs)**

Gloves, shin pads, groin & mouth guard **must** be supplied and worn by competitor. (head & chest protection gear supplied)  
(shin pads and gloves must be soft, pull on foam type only).

#### **Intermediate (11-14yrs)**

Gloves, shin pads, groin & mouth guard **must** be supplied and worn by competitor. (head gear supplied)  
(shin pads and gloves must be soft, pull on foam type only).

#### **Colts (15-17yrs)**

Shin pads, mouth & groin guard **must** be supplied and worn by competitor.  
(head gear supplied)

#### **Seniors (18yrs-above)**

Groin guard & foam type shin pads **must** be supplied and worn by competitors.



**Competitors will not be permitted to participate if this gear is not worn.**

## **Optional Protective Gear for adult competitors**

- . Mouth guard is optional but recommended for adult competitors
- . Females- breast protection- soft cup style, inserted into sports bra. Plastic protectors covering the sternum will NOT be permitted.

Womens protective gear must be made available for inspection to tournament organisers or delegate at the weigh-in.



ALLOWED



NOT ALLOWED

All enquires to Sensei Kelvin Mcskimming

[tokomairokyokushinkarate1@gmail.com](mailto:tokomairokyokushinkarate1@gmail.com)