2026 MOKNZ
South Island
Kata
&
Match Fights

INFORMATION

Date & Venue

Saturday 7th March 2026 at Milton Coronation Hall, 93 Union Street.

Doors open to the public

9:30am

Start Times:

Introductions: 10am

Kata: 10:15am

Kumite: after kata has finished and small interval

Spectator Fee:

Adults (16yrs & older) \$10 Junior (15yrs and under) \$5 Refreshments will be available to purchase

COMPETITOR INFORMATION

Entry form & entry fees Kumite \$20 / Kumite & Kata \$30 / Kata \$20, non refundable

Download entry forms from MOKNZ website Please complete the forms clearly and email to tokomairirokyokushinkarate1@gmail.com

Payment of entry fees, direct transfer to westpac tokomairirokyokushinkarate 0317360509517000

KATA

Competitors will select a kata to perform from the age & grade level on the entry form. Divisions are in elimination tournament format. Kata will be performed individually.

KUMITE

Fights will be judge on the 10 point must system

Fighters will be matched evenly according to weight, height, age.

Junior Division 1 (7yrs-10yrs) Bouts are 3 x's 1 min

Junior Division 2 (11yrs- 14yrs) Bouts are 3 xs 1 min

Colts (15yrs-17yrs)
Bouts are 3 x's 90 sec

Seniors (18yrs and older) Bouts are 3 x's 2mins

Weigh In & Registration

All competitors are to be at the Milton coronation hall (92 Union street MIlton) for weigh in and tournament brief at 9am.

PROTECTIVE GEAR

COMPULSORY GEAR FOR COMPETITORS.

Juniors (7-10yrs)

Gloves, shin pads, groin & mouth guard **must** be supplied and worn by competitor. (head & chest protection gear supplied) (shin pads and gloves must be soft, pull on foam type only).

Intermediate (11-14yrs)

Gloves, shin pads, groin & mouth guard **must** be supplied and worn by competitor. (head gear supplied) (shin pads and gloves must be soft, pull on foam type only).

Colts (15-17yrs)

Shin pads, mouth & groin guard **must** be supplied and worn by competitor. (head gear supplied)

Seniors (18yrs-above)

Groin guard & foam type shin pads **must** be supplied and worn by competitors.



Competitors will not be permitted to participate if this gear is not worn.

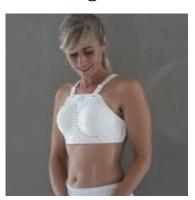
Optional Protective Gear for adult competitors

- . Mouth guard is optional but recommended for adult competitors
- . Females- breast protection- soft cup style, inserted into sports bra. Plastic protectors covering the sternum will NOT be permitted.

Womens protective gear must be made available for inspection to tournament organisers or delicate at the weigh-in.



ALLOWED



NOT ALLOWED

All enquires to Sensei Kelvin Mcskimming

tokomairirokyokushinkarate1@gmail.com